

General Assembly

Raised Bill No. 6588

January Session, 2021

LCO No. 3806



Referred to Committee on INSURANCE AND REAL ESTATE

Introduced by: (INS)

## AN ACT CONCERNING MENTAL HEALTH CARE AND SUBSTANCE ABUSE SERVICES.

Be it enacted by the Senate and House of Representatives in General Assembly convened:

1 Section 1. (NEW) (Effective January 1, 2022) Notwithstanding any 2 provision of the general statutes, no individual health insurance policy 3 providing coverage of the type specified in subdivisions (1), (2), (4), (11), 4 (12) and (16) of section 38a-469 of the general statutes delivered, issued 5 for delivery, renewed, amended or continued in this state on or after 6 January 1, 2022, that provides coverage for outpatient prescription 7 drugs shall: (1) Require a prescribing health care provider to prescribe a 8 supply of a covered outpatient psychotropic drug that is larger than the 9 supply of such drug that such provider deems clinically appropriate; or 10 (2) if a prescribing health care provider deems a ninety-day supply of a 11 covered outpatient psychotropic drug to be clinically inappropriate and 12 prescribes less than a ninety-day supply of such drug, impose a 13 coinsurance, copayment, deductible or other out-of-pocket expense for 14 the prescribed supply of such drug in an amount that exceeds the 15 amount of the coinsurance, copayment, deductible or other out-of-16 pocket expense for a ninety-day supply of such drug reduced pro rata

LCO No. 3806 **1** of 6

in proportion to such prescribed supply of such drug.

18 Sec. 2. (NEW) (Effective January 1, 2022) Notwithstanding any 19 provision of the general statutes, no group health insurance policy 20 providing coverage of the type specified in subdivisions (1), (2), (4), (11), 21 (12) and (16) of section 38a-469 of the general statutes delivered, issued 22 for delivery, renewed, amended or continued in this state on or after 23 January 1, 2022, that provides coverage for outpatient prescription 24 drugs shall: (1) Require a prescribing health care provider to prescribe a 25 supply of a covered outpatient psychotropic drug that is larger than the 26 supply of such drug that such provider deems clinically appropriate; or 27 (2) if a prescribing health care provider deems a ninety-day supply of a 28 covered outpatient psychotropic drug to be clinically inappropriate and 29 prescribes less than a ninety-day supply of such drug, impose a 30 coinsurance, copayment, deductible or other out-of-pocket expense for 31 the prescribed supply of such drug in an amount that exceeds the 32 amount of the coinsurance, copayment, deductible or other out-of-33 pocket expense for a ninety-day supply of such drug reduced pro rata 34 in proportion to such prescribed supply of such drug.

Sec. 3. Section 38a-476b of the general statutes is repealed and the following is substituted in lieu thereof (*Effective January 1, 2022*):

35

36

37

38

39

40

41

42

43

44

45

46

47

48

49

Notwithstanding any provision of the general statutes or the regulations of Connecticut state agencies, no mental health care benefit provided under state law, or with state funds or to state employees may, through the use of a drug formulary, list of covered drugs or any other means: (1) Limit the availability of psychotropic drugs that are the most effective therapeutically indicated pharmaceutical treatment with the least probability of adverse side effects; [or] (2) require utilization of psychotropic drugs that are not the most effective therapeutically indicated pharmaceutical treatment with the least probability of adverse side effects; or (3) require a prescribing health care provider to prescribe a supply of an outpatient psychotropic drug that is larger than the supply of such drug that such provider deems clinically appropriate. Nothing in this section shall be construed to limit the authority of a

LCO No. 3806 **2** of 6

- 50 physician to prescribe a drug that is not the most recent pharmaceutical
- 51 treatment. Nothing in this section shall be construed to prohibit
- 52 differential copays among pharmaceutical treatments or to prohibit
- 53 utilization review.
- Sec. 4. (*Effective from passage*) (a) There is established a task force to
- 55 study methods available to this state, and health carriers doing business
- 56 in this state, to encourage health care providers providing mental health
- 57 services to participate in provider networks.
- 58 (b) The task force shall consist of the following members:
- 59 (1) Two appointed by the speaker of the House of Representatives;
- 60 (2) Two appointed by the president pro tempore of the Senate;
- 61 (3) One appointed by the majority leader of the House of
- 62 Representatives;
- 63 (4) One appointed by the majority leader of the Senate;
- 64 (5) One appointed by the minority leader of the House of
- 65 Representatives;
- 66 (6) One appointed by the minority leader of the Senate;
- 67 (7) The Insurance Commissioner, or the commissioner's designee;
- 68 and
- 69 (8) Two appointed by the Governor.
- 70 (c) Any member of the task force appointed under subdivision (1),
- 71 (2), (3), (4), (5) or (6) of subsection (b) of this section may be a member
- 72 of the General Assembly.
- 73 (d) All initial appointments to the task force shall be made not later
- 74 than thirty days after the effective date of this section. Any vacancy shall
- 75 be filled by the appointing authority.

LCO No. 3806 3 of 6

(e) The speaker of the House of Representatives and the president protempore of the Senate shall select the chairpersons of the task force from among the members of the task force. Such chairpersons shall schedule the first meeting of the task force, which shall be held not later than sixty days after the effective date of this section.

76

77

78

79

80

84

85

86

87

88

89

95

96

97

98

99

100

101

- 81 (f) The administrative staff of the joint standing committee of the 82 General Assembly having cognizance of matters relating to insurance 83 shall serve as administrative staff of the task force.
  - (g) Not later than January 1, 2022, the task force shall submit a report on its findings and recommendations to the joint standing committee of the General Assembly having cognizance of matters relating to insurance, in accordance with the provisions of section 11-4a of the general statutes. The task force shall terminate on the date that it submits such report or January 1, 2022, whichever is later.
- Sec. 5. (*Effective from passage*) (a) There is established a task force to study health insurance coverage for peer support services in this state. Such study shall include, but need not be limited to, an examination of any means available to increase health insurance coverage for peer support services provided to individuals in this state.
  - (b) The task force shall consist of the following members:
  - (1) Two appointed by the speaker of the House of Representatives, one of whom is a recovery support specialist and one of whom is a member of the Connecticut Certification Board;
  - (2) Two appointed by the president pro tempore of the Senate, one of whom is a recovery coach and one of whom is a representative of the Connecticut Hospital Association;
- 102 (3) One appointed by the majority leader of the House of 103 Representatives, who is a representative of a program overseen by the 104 Department of Children and Families;
- 105 (4) One appointed by the majority leader of the Senate, who is a

LCO No. 3806 **4** of 6

- representative of an organization that trains recovery coaches or recovery support specialists;
- 108 (5) One appointed by the minority leader of the House of 109 Representatives, who is a supervisor of peers from a provider agency 110 that employs peers;
- 111 (6) One appointed by the minority leader of the Senate, who is a 112 representative of an organization that provides services to Medicaid 113 beneficiaries;
- 114 (7) One appointed by the Insurance Commissioner, who is a 115 representative of a health carrier; and
- 116 (8) Two appointed by the Governor, one of whom is a young adult 117 with experience in various forms of peer support and one of whom has 118 perspective concerning community reentry.
- (c) Any member of the task force appointed under subdivision (1), (2), (3), (4), (5) or (6) of subsection (b) of this section may be a member of the General Assembly.
- (d) All initial appointments to the task force shall be made not later
  than thirty days after the effective date of this section. Any vacancy shall
  be filled by the appointing authority.
- (e) The speaker of the House of Representatives and the president pro tempore of the Senate shall select the chairpersons of the task force from among the members of the task force. Such chairpersons shall schedule the first meeting of the task force, which shall be held not later than sixty days after the effective date of this section.
- (f) The administrative staff of the joint standing committee of the General Assembly having cognizance of matters relating to insurance shall serve as administrative staff of the task force.
- 133 (g) Not later than December 31, 2021, the task force shall submit a 134 report on its findings and recommendations to the joint standing

LCO No. 3806 **5** of 6

committee of the General Assembly having cognizance of matters relating to insurance, in accordance with the provisions of section 11-4a of the general statutes. The task force shall terminate on the date that it submits such report or December 31, 2021, whichever is later.

This act shall take effect as follows and shall amend the following sections:		
Section 1	January 1, 2022	New section
Sec. 2	January 1, 2022	New section
Sec. 3	January 1, 2022	38a-476b
Sec. 4	from passage	New section
Sec. 5	from passage	New section

## Statement of Purpose:

135

136137

138

To: (1) Provide that no individual or group health insurance policy providing coverage for outpatient prescription drugs shall (A) require a prescribing health care provider to prescribe a supply of a covered outpatient psychotropic drug that is larger than the supply of such drug that such provider deems clinically appropriate, or (B) if a prescribing health care provider deems a ninety-day supply of a covered outpatient psychotropic drug to be clinically inappropriate and prescribes less than a ninety-day supply of such drug, impose a coinsurance, copayment, deductible or other out-of-pocket expense for the prescribed supply of such drug in an amount that exceeds the amount of the coinsurance, copayment, deductible or other out-of-pocket expense for a ninety-day supply of such drug reduced pro rata in proportion to such prescribed supply of such drug; (2) provide that no mental health care benefits provided under state law, with state funds or to state employees shall require a prescribing health care provider to prescribe a supply of an outpatient psychotropic drug that is larger than the supply of such drug that such provider deems clinically appropriate; (3) establish a task force to study methods available to this state, and health carriers doing business in this state, to encourage health care providers providing mental health services to participate in provider networks; and (4) establish a task force to study health insurance coverage for peer support services.

[Proposed deletions are enclosed in brackets. Proposed additions are indicated by underline, except that when the entire text of a bill or resolution or a section of a bill or resolution is new, it is not underlined.]

LCO No. 3806 **6** of 6